

#CYBERSECURITYAWARENESSMONTH  
#BNNCYBERTIPS

# DON'T BE #CYBERSCARED

Cyber-attacks are a real threat that can end up causing serious business interruptions and costly damage, but being prepared is your best defense. Cybersecurity is of the utmost importance, both in our professional and personal lives. Follow our tips and tricks and stay up to date on your cybersecurity trainings and you can ensure that you stay #cybersafe!

In summary:

- Beware of unsafe attachments
  - When in doubt, throw it out
- Birthdays are for cake, not passwords
  - With passwords, longer is stronger
  - Consider 14 character passphrases
- Don't get caught by phishing emails
  - Check for signs of a suspicious email
- Beware of suspicious phone calls
  - Use common sense: if it sounds suspicious, hang up and report it